



# Connaught Hall newsletter

(1)1 | 25 AUGUST 2016



## FROM THE WARDEN

DR ADRIAN CLARK MBBS MRCEM

### WELCOME TO CONNAUGHT HALL!

If you are a first-year student coming to London this year, congratulations on your offer of a place to study at one of the best colleges in the world! If you are a returning student, we are really pleased that you have chosen to stay with us for another year.



Here in Hall, our goal is to provide you with a warm and welcoming home: a safe, secure, supportive, friendly, and tolerant environment in which you can study, relax, and socialise. We aim to promote a spirit of neighbourliness and togetherness in our Hall community, and encourage self-directed, responsible behaviour. We hope that this year will give you many happy memories to take with you, and the opportunity to make friends that will last a lifetime.

The *Hall Manager and Assistant Manager* look after the building and facilities. You can contact them at [info.connaught@london.ac.uk](mailto:info.connaught@london.ac.uk).

The student *Senior Members* and I take care of residents' welfare & pastoral care, discipline & conflict resolution, and the community & social life of the Hall. We always enjoy meeting you and encourage you to contact us if you have any questions. Please talk to one of us any time you need help or even just for a chat.

**This *welcome* edition of the newsletter offers a quick and simple summary of the important things that you need to know as you pack your things ready to move in, and for your first couple of weeks living at Connaught Hall. Please take a few moments to read this information carefully: we hope it will make your life a lot easier!**

All the staff and I wish you a very happy and successful time here. We all look forward to meeting you soon and personally welcoming you to the Hall.

**Scroll down for articles in this special *welcome* edition of the newsletter.**

[warden-contact.connaught-hall.org.uk](http://warden-contact.connaught-hall.org.uk)



[WELCOME](#) | [HALL WELCOME PACK](#)

## Download everything you need

We've put all the information you need about your contract, Hall Handbook, policies & procedures, frequently asked questions, and much more into a Google Drive folder so you can download everything easily.

[Go to our welcome pack on Google Drive](#)

[WELCOME](#) | [YOUR FIRST DAY IN HALL](#) | [ADMINISTRATION](#)

## What should you pack?



Read the list of things we provide for you, and our suggestions for some things you might want to bring with you, or perhaps buy soon after you arrive in London. There is also a really important list of things that you *must not* bring with you (prohibited items).

[Read more...](#)

[WELCOME](#) | [YOUR FIRST DAY IN HALL](#) | [ADMINISTRATION](#)

## When you arrive on your first day



Read about some of our welcoming arrangements, travelling from London airports, parking in the area around Connaught Hall, the Central London Congestion Charge, how to get your room key and Hall ID card.

[Read more...](#)

[HEALTH, WELLNESS & WELLBEING](#) | [STUDENT LIFE](#) | [LIFE HACKS](#)

## The thing everybody worries about



It's absolutely normal to feel worried about making friends when you move to a new place. Pretty much everyone feels the same way. So we've collected some tips, articles and information about how to make this part of freshers a bit easier.

[Read more...](#)

[HEALTH, WELLNESS & WELLBEING](#) | [SAFETY](#) | [ADMINISTRATION](#)

## Update your medical information



Within two weeks of your arrival in London, we very strongly advise that you register with a local doctor who will visit you in Hall in an emergency, then provide us with details of your new doctor. This advice is based on national guidance from Universities UK. Failure to do this can cause problems and delays in obtaining treatment.

[Read more...](#)

[ADMINISTRATION](#)

## Pay your accommodation fees



If you pay online, you can choose to pay all the year's fees all in one before 16<sup>th</sup> October and get 2% back. Or you can pay in 7 automatic monthly instalments (on the first of every month); 3 automatic termly instalments (16<sup>th</sup> October, 1<sup>st</sup> January, and 1<sup>st</sup> April), or pay manually each term before those dates.

[Pay online here](#)

## Contribute to our Hall community



It's up to *you* to make this year in Hall amazing! Think about what you want from life in Hall this year and get involved to make it happen. You can get involved by being elected as a member of the Residents' Club Committee, volunteering to serve on the Facilities Committee or Multicultural Students' Forum, or getting a job to work in our Hall bar. Plus, there will be countless informal ways for everyone to contribute throughout the year.

[Read more...](#)

## The rough as well as the smooth



Moving to a new college and a new home can be fun and exciting, but it can also bring challenges. All of us can experience stress, sadness, or loneliness at times – it's just part of being human. Mind, the mental health charity, has published a great guide called "[Coping with student life](#)". It's easy to read and not too long. We highly recommend taking a look! And of course, we're here to support you if things do get tough.

[Read more...](#)

## Join this year's Hall Facebook group



Be sure to join the official Facebook group, exclusively for Connaught Hall residents in the 2016-2017 academic year. Use the group for getting to know other residents, asking questions, or sharing your own events that others might want to join in. We will post important information and social events here as well, so you can stay up to date with what's happening.

[Join the group...](#)

## How can we help you?



We put together a one-page guide to help you get the most from Connaught Hall. This simple poster tells you who to contact and what to do about all the most common questions and problems in Hall. We will always do our best to help, but you can speed things up by contacting the right person, about the right issues, at the right time.

[Read more...](#)

## Your guide to community living



Living in a community of mixed ages and attitudes requires flexibility on the one hand, and on the other an acceptance of rules that protect the community by limiting behaviour that adversely affects the experience of other residents. By signing your contract of residence, you have accepted these rules and we expect you to be considerate of your neighbours at all times. We're all part of the same community and if we treat each other with respect, we can all enjoy living together.

[Read more...](#)

## Social events in Hall



We're organising lots of social events to help welcome you to the Hall and to get meeting people straight away. Follow the link for the programme so far. It's still in development, so check back often for updates.

[Read more...](#)

## We support the Beanstalk charity



The intercollegiate halls support Beanstalk by donating student disciplinary fines every year, and through fundraising events within the Halls. Beanstalk is a national literacy charity that recruits, trains and supports volunteers to work in primary schools with children who have fallen behind with their reading. The Beanstalk vision is for a nation of confident children who can read and grow up to lead successful lives.

[Read more...](#)

## Your right to a quality home



The Student Accommodation Code was developed in 2006 by [UUK](#) and [GuildHE](#) specifically for educational institutions and sets high standards in the student accommodation sector. Both codes aim to make sure you have a safe, good quality place to live whilst at university or college. The University of London Intercollegiate Halls are covered by the Student Accommodation Code.

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