



# Connaught Hall newsletter

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FROM THE WARDEN: DR ADRIAN CLARK MBBS MRCEM

## Are you ready?

There's less than one week to go until our main arrivals day on Sunday 18<sup>th</sup> September. Here in Hall, we're making sure everything is ready to make you feel welcome when you arrive. We're all super excited about the start of the new academic year and really looking forward to meeting you.



This edition of the newsletter is all about helping you be as ready as you can be for travelling to London and settling in later this month. We will do everything we can to help you feel happy and comfortable in your new home.

Have a great week ahead. I wish you a safe journey to London and a trouble-free arrival; and I hope to meet you soon.

Scroll down for articles in this edition of the newsletter.

[warden-contact.connaught-hall.org.uk](mailto:warden-contact.connaught-hall.org.uk)



[WELCOME](#) | [ADMINISTRATION](#)

## Complete your online halls induction



The halls induction is different and separate from any induction programmes sent to you by your college. You must have completed the halls induction before you arrive at Connaught Hall, otherwise we will not be able to issue you with your room key. If you haven't done it yet, follow the link and do it now!

[Go to the online induction site](#)

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## Answers to frequently asked questions



Swapping rooms, proof of address to open a bank account, international students' registration with the police, WiFi, overnight guests, and more are covered in our answers to your FAQs.

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## Afternoon welcome tea & Hall tours



The first Hall social event of the year - afternoon tea in the reception lobby, 12pm to 6pm on Sunday 18<sup>th</sup> September. We invite you to wear a sticker with your name on it and listing a few of your interests so it's easier to get a conversation going!

The Warden will give tours of the Hall, starting from the steps outside the front door, at 2pm, 3pm, and 4pm.

[Join the event on Facebook](#)

[HEALTH, WELLNESS & WELLBEING](#) | [STUDENT LIFE](#)

## Starting college & looking after yourself



Students Minds put together this [simple guide](#) to looking after yourself around the time of moving to university. They talk about making friends, homesickness, sleep, food, and drinking. Moving to uni is a big change for most people, so self-care is especially important in those first few weeks to stay happy and healthy.

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## The big conversation



After dinner on Tuesday 20<sup>th</sup> September, the Warden hosts a unique event to skip the small talk and get everyone discussing life's big questions. It's a novel, fun, and easy way to get to know lots of people pretty well in a short time. There might be some free wine involved, as well.

[Join the event on Facebook](#)

[HEALTH, WELLNESS & WELLBEING](#) | [WELCOME](#)

## Meet the Warden



Adrian will be your Warden at Connaught. He's written a [short bio](#) so you can find out what he does in the Hall, and what he does when he's not at Connaught (there's a clue in the picture!). Be sure to introduce yourself at the afternoon tea on Sunday 18<sup>th</sup> September – or some other time when you see Adrian around the Hall.

[Read more...](#)

[WELCOME](#)

## Your welcome letter



Did you get our [welcome letter](#) a few weeks ago? It's full of what we think are the most essential bits of information for new residents (including the link to join our residents-only Hall Facebook group for this year). If you didn't get it, follow the link to see it now. Even if you did read it at the time, it's a good idea to have another quick look sometime this week, to be sure you don't forget anything.

[Read more...](#)



## Top tips for freshers week

The *Complete University Guide's* advice about preparing to leave for uni, arriving, and what to do in freshers week, as well as some helpful safety tips.

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The intercollegiate halls support the [Beanstalk charity](#) by donating student disciplinary fines every year, and through fundraising events within the Halls. Beanstalk is a national literacy charity that recruits, trains and supports volunteers to work in primary schools with children who have fallen behind with their reading. The Beanstalk vision is for a nation of confident children who can read and grow up to lead successful lives. [Read more here](#).

The University of London is an exempt charity in England and Wales and a charity registered in Scotland (Reg. no. SCO41194). We have cut emissions from University buildings by 32% and are committed to cutting emissions to 43% by 2020. Please think before you print.

[The Student Accommodation Code: your right to a quality home](#)