



# Connaught Hall newsletter

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FROM THE WARDEN: DR ADRIAN CLARK MBBS MRCEM

## Now is the time to get involved

As I mentioned in my [welcome speech](#) last night (follow the link if you missed it), now is a great time to start making this place the way you want it to be for the coming year.



On 10<sup>th</sup> October, we will be electing a new Residents' Club Committee. The five residents who are elected will organise most of the social and sports events in Hall this year, as well as running the Hall bar. They will have around £7000 of your money to spend, so even if you don't want to stand for election yourself, make sure you read their manifestoes and exercise your vote.

Look out soon for advertisements about our first Facilities Forum of the year, where you can come and give us feedback on catering, cleaning, security, and housekeeping matters. We really value your input into the services we provide in Hall, and we'll always do our best to improve where we can. And you don't have to wait until the Facilities Forum: if you have any ideas, comments, complaints, or suggestions, you can contact us any time at [suggestions@connaught-hall.org.uk](mailto:suggestions@connaught-hall.org.uk).

Our Multicultural Students' Forum (McSF) will be starting up soon, as well. You can read more about the McSF in the article below.

Scroll down for articles in this edition of the newsletter.

[warden-contact.connaught-hall.org.uk](http://warden-contact.connaught-hall.org.uk)



[WELCOME](#) | [EVENTS](#)

## Bus tour of London



We still have seats available on our guided bus tour of London. The bus will pick us up outside Connaught Hall at 1pm on Sunday 2nd October. Only £4.00!

[Sign up for a ticket](#)

[RESIDENTS' CLUB](#)

## Election on 10<sup>th</sup> October



Do you have something to offer our Hall community? Then consider standing for election to the Residents' Club Committee! Read the Warden's [letter to candidates](#), and if you want to stand, [submit your nomination](#) before 6pm on Friday 7<sup>th</sup> October.

[Read more...](#)

[EVENTS](#) | [McSF](#)

## Multicultural Students' Forum



We are a diverse, multicultural community. We greatly value the contribution that international/overseas and minority students can make to our Hall. Join the McSF if you are interested in supporting and celebrating people from all over the world!

[Read more...](#)

[HEALTH, WELLNESS & WELLBEING](#)

## 10 keys to happier living



Mental Health First Aid and [Action for Happiness](#) made this great poster with 10 research-backed ways to make life a bit happier. It's been released for World Mental Health Day, on 10 October. (We love Action for Happiness, by the way!)

[Read more...](#)

[EVENTS](#)

## Oktoberfest party & barbecue dinner



This Saturday, 1<sup>st</sup> October, we're celebrating Oktoberfest at Connaught with a special barbecue dinner and lots of good German beer on sale in the bar, which will be open until midnight instead of the usual closing time of 11 pm.

[What is Oktoberfest?](#)

[FIRE](#) | [SAFETY](#)

## Fire practice: Wednesday 12<sup>th</sup> October



There will be a fire practice in the evening on Wednesday 12<sup>th</sup> October. You are not required to be in the Hall at the time of the fire practice, but if you are in the building, then your participation is mandatory.

[Read more...](#)



The intercollegiate halls support the [Beanstalk charity](#) by donating student disciplinary fines every year, and through fundraising events within the Halls. Beanstalk is a national literacy charity that recruits, trains and supports volunteers to work in primary schools with children who have fallen behind with their reading. The Beanstalk vision is for a nation of confident children who can read and grow up to lead successful lives. [Read more here](#).

The University of London is an exempt charity in England and Wales and a charity registered in Scotland (Reg. no. SCO41194). We have cut emissions from University buildings by 32% and are committed to cutting emissions to 43% by 2020. Please think before you print.

[The Student Accommodation Code: your right to a quality home](#)